

San Homemade Muesli

Recipe

Ingredients

- 1½ Cups (250g) rolled oats
- 5 Tbsp wheat germ
- 3 Tbsp desiccated coconut
- 5 Tbsp sultanas
- 5 Tbsp dates, chopped
- 5 Tbsp dried apricots, chopped
- 4 Tbsp walnuts, chopped
- 4 Tbsp cashews, chopped
- 2 Tbsp slivered almonds
- Milk, Greek yoghurt, honey, and berries, to garnish

Instructions

Combine all ingredients in a bowl and mix.

Top with milk, a dollop of yoghurt, honey, and a handful of berries.

Makes 10 serves.

Soy free.